

**Illness Policy  
Christian Fellowship School  
August 2022**

**\*\*\*Please note that this plan is highly subject to change. We are aggressively monitoring a large amount of data that at any time could change our school's response and management to highly transmissible illnesses.**

Our goal is to uphold the health of students and staff while minimizing undue disruptions to learning. We will need your help for this goal to be successful. Please be diligent in monitoring symptoms and maintaining collaboration with school administration. Wearing masks is an individual decision. Students/staff are welcome to wear a mask if they choose. We will support and respect students who wish to wear a mask.

**We ask for your participation in daily monitoring your child for signs of contagious illnesses. Please keep your child home if they are experiencing any of these symptoms. Your diligent monitoring for symptoms at home and keeping sick kids at home is our best defense in keeping kids healthy and in schools.**

Common Symptoms:

Fever or chills, a temperature equal to or greater than 100° F  
Cough (persistent and new cough that is unrelated to allergies/asthma)  
Shortness of breath or difficulty breathing  
Fatigue, muscle or body aches  
Headache (unrelated to migraines, allergies, or other underlying conditions)  
New loss of taste or smell  
Sore throat, congestion or runny nose  
Nausea or vomiting, diarrhea

We reserve the right to ask a child to be sent home if they have new onset symptoms and/or a temperature of >100. If your child presents with one of these symptoms and illness is suspected we will notify you and separate them from others until you are able to pick your child up. Please do so as soon as possible but not later than 90 minutes. Students who are displaying symptoms and awaiting pickup may be asked to wear personal protective equipment, and may be separated from the rest of the class. This is our attempt to mitigate spread where there are known symptoms.

Students who are experiencing the above symptoms should remain at home until the symptoms have subsided for 24 hours (without fever reducing medications).

Students who have seasonal allergies or other long-term conditions similar to cold symptoms should have a note to that effect on file in the health office. This may include anxiety and/or other mental health issues that present with physical symptoms. Notes explaining the conditions and common physical symptoms can be emailed to [nurse@cfsknights.org](mailto:nurse@cfsknights.org)

\*We reserve the right to change our policies and make exceptions at any time for any reason if student or staff safety is in question.

School Medication Policy

Medications sent to school will require completion of the Authorization for Medication Administration form releasing the school to administer them, along with complete information on medication name, amount, when given, and if there is need for refrigeration. If the student is able to administer his/her own medication, an Authorization for Students to Self-Carry and Self-Administer Medication form must be completed.