CFS KNIGHTS MARCH LUNCH MENU



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			•	Cheeseburgers Mac & Cheese Mixed Vegetables Pork Tenderloin on Bun
General Tso's Chicken White Rice Egg Rolls Chicken Tender Wrap	Beef & Bean Burritos Spanish Rice Nacho Chips & Cheese Chicken Tender Wrap	6 Lasagna w/ Meat Sauce Carpi Vegetables Garlic Toast Chicken Tender Wrap	Chicken Strips Waffles Scrambled Eggs Chicken Tender Wrap Soup	8 BBQ Pulled Pork Sand. BBQ Baked Beans Pasta Salad Chicken Tender Wrap
Philly Cheesesteak Subs French Fries Broccoli Hot Ham & Cheese Sand.	Chicken Empanada Black Beans & Corn Chips & Salsa Hot Ham & Cheese Sand. Soup	Chicken Rings Tater Tots Italian Vegetables Hot Ham & Cheese Sand.	14 Spaghetti w/ Meat Sauce Winter Vegetables Garlic Breadsticks Hot Ham & Cheese Sand.	Meatloaf Mashed Potatoes w/ Gravy Baby Carrots Hot Ham & Cheese Sand.
18 Chicken Caesar Sandwich French Fries Green Beans Cheese Quesadilla	Soft Taco Refried Beans Nacho Chips & Cheese Cheese Quesadilla Soup	Hot Dog Chili Tater Tots Cheese Quesadilla	Chicken Pot Pie Green Beans Dinner Roll Cheese Quesadilla	Toasted Ravioli Garlic Breadstick California Vegetable Cheese Quesadilla
25	26	y Sping	Break	29