



CFS KNIGHTS

JANUARY LUNCH MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1	2	3
6 No School Professional Development	7 Mexican Lasagna Spanish Rice Black Beans & Corn Soup	8 French Toast Sticks Scrambled Eggs Sausage Links	9 Chili Hot Dogs Green Beans Tater Tots	10 Pepperoni & Sausage Pizza Pasta Baby Carrots Garlic Breadsticks
13 Turkey Burgers Lettuce & Tomatoes Mixed Vegetables Sweet Tater Tots	14 Taco Tuesday Ground Beef, Lettuce, Tomato, Sour Cream Fire Roasted Corn Chips & Salsa Soup	15 Lasagna w/ Meat Sauce Winter Vegetables French Bread	16 BBQ Riblet on Bun BBQ Baked Beans Pasta Salad	17 Meatloaf Garlic Cheese Mashed Potatoes Green Beans
20 No School Martin Luther King, Jr. Day	21 Chicken Fajitas Spanish Rice Nacho Chips & Cheese Soup	22 Mostaccioli W/ Meat Sauce Broccoli w/ Cheese Garlic Breadsticks	23 Fish Sticks Fried Potatoes Coleslaw Soup	24 Popcorn Chicken Macaroni & Cheese Capri Vegetables
27 Baked Chicken Au Gratin Potatoes Green Beans	28 Beef Chimichangas Street Corn Nacho Chips & Cheese Soup	29 Boneless BBQ Wings Carrots French Fries	30 Beef Stroganoff Broccoli Dinner Roll	31 Country Fried Steak Mashed Potatoes w/ Gravy Buttered Corn

Dessert Every Friday!

Lunch Service by: Eclipse Catering