

CFS Knights

LUNCH MENU

SEPTEMBER

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 Chicken Nuggets French Fries Green Beans	2 Taqitos Spanish Rice Mexican Corn	3 Pancakes Bacon Scrambled Eggs	4 Chicken Alfredo Mixed Vegetables Breadstick
7 LABOR DAY - NO SCHOOL	8 Beef Enchiladas Black Beans Spanish Rice Corn Salsa	9 Orange Chicken White Rice Crab Rangoon	10 Penne Pasta with Meat Sauce Green Beans French Bread	11 Popcorn Chicken Mac & Cheese Green Beans
14 Cheeseburger Tater Tot Celery & Carrots	15 Chicken Nachos Chips & Queso with Salsa Spanish Rice	16 Ravioli with Sauce Steamed Broccoli Garlic Toast	17 BBQ Beef Carrots Potato Chips	18 General Tso's Chicken White Rice Stir Fried Vegetables Egg Roll
21 Fish Sandwich Cole Slaw French Fries	22 Chicken Burrito Black Beans & Corn Chips & Queso	23 Hotdog with Chili Tater Tot Mixed Vegetables	24 Chicken, Bacon & Ranch Pasta Broccoli with Cheese Breadstick	25 BBQ Pulled Chicken Sandwich French Fries Green Beans
28 Sweet & Sour Chicken Rice Stir Fried Veggies Egg Rolls	29 Beef Soft Tacos Spanish Rice Dirty Corn	30 Chicken Tetrzzini Caribbean Blend Veggies Garlic French Bread		

Lunch service provided by Eclipse Catering & Events

2026

Dessert Every Friday!